

ASPIRATIONS TO ACTIONS MOMENTS



Shareable Moment from Neighborhood Services of Sarasota County's book circle

Monet Moore reported on her circle's first meeting:

As a group, we decided upon simple actions we can all take to better understand those with different beliefs:

1. Communicate openly
2. Listen for understanding not for refutation
3. Discover commonalities

For one attendee, the statement "Here I Am" resonated with vulnerability and how being vulnerable allows us to dissolve barriers we've established around ourselves. Her statement "being vulnerable doesn't mean being a victim" speaks strength and power into vulnerability.

The group also identified problems that plague society, with social isolation being the most common, concluding that social isolation contributes to division as individuals who would like to be engaged and a part of a larger community are not.

Additionally, we discussed hope and the role it plays in everyone's life, where the importance/existence of hope were on opposing sides of the spectrum. One participant shared how she did not rely on hope; she found hope alone to be insufficient. Another person expressed how hope is fundamental to her life, and having it encouraged her during personal trials and tribulations.

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Share your zip code so The Patterson Foundation can see where people are "stepping forward"!



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A2A Moments is a weekly update of photos, moments of possibilities, feedback, and stories that book circles share with The Patterson Foundation.

Don't forget to send in your tidbits to hsaegerkarnei@thepattersonfoundation.org to be featured in an upcoming A2A Moments!

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