## THE PHASES OF DISASTER RECOVERY

The Patterson Foundation understands that the recovery process following a disaster or unexpected challenge includes three distinct phases:

Cope → Adapt → Innovate



## Cope

**Cope:** Following a disaster or unexpected challenge, we first focus on ensuring our safety and addressing the immediate needs essential to survival.



## **Adapt**

**Adapt:** Getting accustomed to the reality of living with the situation, we adopt new systems and methods to create stability.



## **Innovate**

**Innovate:** Using imagination combined with a possibility mindset, we discover fresh ways to live, work, and play.

