Updates from Kathy

Age-friendly Sarasota is a community for all ages! This means that we expect to be able to access services, be safe, be healthy, and feel safe and secure. However, this does not always happen in reality. To register to the many factors that impact how we will share research and ideas about Communities Initiative. Harrell Forum will be led by Centers on Thursday, April 28. The public forum at The Friendship Age-Friendly Sarasota (AFS) will host You’re Invited! Celebrating Age-Friendly Sarasota

This issue will highlight “Livable Communities,” a concept advanced by AARP. It means to living in a place:• Where they do not require having a car for every small or crucial which is able to fit the senior’s needs. how can we get to and from here over time?• Where they do not need extra planning or a walk of not more than a quarter mile. which is important for people and families at every stage of life. they’re interested in simple activity to being any part engaged with any age — which is critical throughout our lives.

Age-Friendly Innovation

The Livability Index & Age-Friendly DC

In 2015, AARP developed a tool to assess community livability/age-friendliness. The “Livability Index” employs an objective measure to better understand how “age-friendly” live our scores of age-friendly communities.

With an overall score of 58 out of 100 for all of DC, the livability index tracked issues related to living, such as affordable housing, well, and how well the city is being served by public transportation. Click here to learn more about AARP’s Livable Communities.

Celebrating Age-Friendly Sarasota

You’re Invited!
Age-friendly Sarasota is proud to have a public forum on April 28, which is part of the Age-Friendly Communities initiative. The forum will be led by Dr. Rodney Harrell, Director of the AARP Public Policy Institute.

The forum will be held on Thursday, April 28, from 6 to 7:30 p.m. at The Friendship Age-Friendly Sarasota (AFS) building at 2 North Tamiami Trail, Suite 206, Sarasota, FL 34236. Click here to learn more about AARP’s Livable Communities.

April 24: Park Rx Day
As part of the National Park Service’s 100th birthday, we’re encouraging everyone to get outside and experience the healing power of nature. On April 24, AFS will be holding a “Park Rx” event where you can enjoy the outdoors.

Click here to learn more and sign up for National Park Rx Day.

ATTENTION PROVIDERS
Do you care for patients who may benefit from outdoor recreation? If so, please take our survey to help us better understand how to improve the health and well-being of our patients.

Sign up

April 16-24:
National Park Rx Day
On April 24, the National Park Service is proud to celebrate National Park Rx Day. This is a great opportunity for all ages to enjoy the healing power of nature.

For questions, please contact us at info@AgeFriendlySarasota.org or call us at (941) 444-0243.

Welcome to our community’s community: Livable Communities

This issue will highlight “Livable Communities,” a concept advanced by AARP. It means to living in a place:

• Where they do not require having a car for every small or crucial which is able to fit the senior’s needs. how can we get to and from here over time?
• Where they do not need extra planning or a walk of not more than a quarter mile. which is important for people and families at every stage of life.
• They’re interested in simple activity to being any part engaged with any age — which is critical throughout our lives.

Age-Friendly Spotlight

Livable Communities

According to a AARP people of all ages work to make our communities: Spend Time Together, Walk or Ride a Bike, Work or Volunteer, Buy Healthy Food, Go For A Walk, Visit Public Places, Go Shopping, Socialize, and Play Music. This means that we can enjoy our communities together. Click here to learn more about AARP’s Livable Communities.

Safely Cross the Street

Spend Time Outdoors

Work or Volunteer

Buy Healthy Food

Go For A Walk

Visit Public Places

Go Shopping

Socialize

Ride a Bike

Live Comfortably

Connect

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- ATTENTION PROVIDERS
- April 16-24: National Park Rx Day
- AFS Facebook Page
- AFS Twitter Page
- AFS Email Sign Up
- Safely Cross the Street
- Spend Time Outdoors
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- Go For A Walk
- Visit Public Places
- Go Shopping
- Socialize
- Ride a Bike
- Live Comfortably
- Connect
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