Updates from Kathy

Greetings! All our newsletter features will focus on the role of older adults in our community. After all, older adults are important partners to arrive at your ideas, and can find it difficult to participate in all areas of community life. Some of the biggest challenges will be on a variety of levels, and when it is time, accommodations allow all.

As part of our age-friendly journey, Age-Friendly Sarasota recently hosted a panel and workshop of our members and continue to seek new ideas for Age-Friendly Sarasota. Please join us celebrating International Volunteer Day March 5th and share your “age-friendly” ideas with us or Facebook, or Twitter. Directions on how to connect are listed below. See you next month!

Age-Friendly Sarasota Initiative Coordinator

Age-Friendly Spotlight

According to the World Health Organization (WHO), age-friendly communities are places that make people of all ages:
- Active in participating in community activities
- Able to participate with dignity, regardless of age
- Make it easy to stay connected to their families
- Keep people safe and healthy and well connected to others
- Help people maintain their ability to travel

Share your comments across the globe with ideas for ideas for the people of Sarasota. The survey is a key component of our commitment to share ideas to our community.

Age-Friendly Innovation

International Forum

In the United Kingdom, the Forum of Age-Friendly Regions of England, has evolved into a successful example of how to work together to improve the lives of older people. This group was ahaired when the European Union launched the age-friendly regions forum, and now several organizations provide services dedicated to older people through programs such as Age Friendly UK.:

Meetings are held on the first Thursday of each month, either virtually or in-person. Please contact us for more information.

Celebrating Age-Friendly Sarasota

Seniors Advisory Council

The Sarasota County Senior Advisory Council is a group of volunteers who provide a forum for older Sarasotans to share their experiences and ideas about the many areas of life. They are responsible for making recommendations and for providing advice on topics and concerns affecting Sarasota County’s senior community.

The Council meets on the first Thursday of each month. Contact the William D. Hobson Health and Human Services Center (321-868-8080) for more information or to attend a meeting.

Currently, the Council is working on an accessible and affordable transportation plan. The group is looking for representatives from various organizations to be part of this planning. For further information: info@AgeFriendlySarasota.org

Step Toward...:
Next month in the Age-Friendly Sarasota newsletter and on Facebook, we will be sharing information about a program that has been successful in our community.

Supported by:

Age-Friendly Sarasota Partners

Member of the World Health Organisation Global Network of Age-Friendly Cities and Communities

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