News from the Age-Friendly Sarasota Initiative!

Did You Know?

- The number of people 85 years or older is expected to nearly double by 2060.
- There are 44 million caregivers in the United States, with 14 million providing care to someone who is elderly.
- The number of older adults who need help outside their homes is expected to triple in the next 20 years.

At the end of the survey, all respondents will be eligible to receive a small token of appreciation for their efforts. All respondents will be able to access their own survey results, and we will share aggregate data with community partners.

Please take our brief online survey so we can capture your feedback and input on the 8 Domains of Livability. After all, in the poignant words of Rosalyn Carter: "They care. It is for this reason that this issue is dedicated to our caregivers!"

Funding for the survey comes from the Administration on Family Caregiving, a division of the U.S. Department of Health and Human Services.

Please contact Kathy Black at info@AgeFriendlySarasota.org for more details.

Have you shared your age-friendly aspirations with us? It's the last month of our baseline research phase. Please share your stories and aspirations with us! To share your input, see the box below.

Greetings and Happy Holiday Season!

Kathy Black
Executive Director

Community Support & Health Services

The Caregiver Support Line is a free, confidential service that provides support, resources, and referrals for caregivers of older adults. It is available in 25 states and provides assistance with tasks such as household management, transportation, personal care, and medication management. They also provide support to family caregivers through regular telephone calls.

Volunteer coaches are trained by professionals to give individualized support to family caregivers. For more information or to request support, please call 1-800-445-7062 or visit their website.

Age-Friendly Innovation

The Caregiver Resource Center is located in Sarasota, Florida, and provides resources to caregivers of older adults. Their services include in-person and online workshops, support groups, and a newsletter. They also offer a database of service providers and resources.

Connect

If you haven't done so already, take your survey! If you have, please be sure to click "Done" at the end of the survey. You can also access the survey by clicking here.