### Civic Engagement is very important.
**We all live here together and we need to look out for one another.**

Elizabeth, Sarasota

### Age-Friendly Innovation

**Domino Highlights on Civic Engagement**

Civic engagement refers to the ways in which citizens participate in the life of a community to actively improve conditions for others and to help shape the community’s future. Such efforts are not exclusive to seniors but find their place in all communities.

What is missing in many communities is an active exchange, which involves the full community and citizens’ shared responsibilities to contribute to the social capital of their neighborhood. Without understanding, serve and engage their patrons, other organizations can negatively impact community fabric.

For more information, please contact info@agefriendlysarasota.org.

### Celebrating Age-Friendly Sarasota

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### Updates from Kathy

Greetings all that Age Friendly Sarasota has officially launched, offering a new way for residents throughout our community to actively improve conditions for others and to help shape our community’s future. This effort is not exclusive to seniors but finds its place in all communities.

In this newsletter, we are focused on doing just that—sharing stories about civic engagement made possible through our efforts. Specifically, we want to recognize the importance of civic engagement among our citizens as we move forward into 2023.

Throughout the newsletter, we encourage voices to serve and engage our neighbors in a variety of ways. Our Age Friendly Sarasota survey, available beginning the week of July 13, will ask all of us from Sarasota County and its towns to reflect on and share your local civic engagement.

There were several local implications from the ADI findings specific to civic engagement. For example, among older residents, we found that neighborhood and police protection are key predictors of community engagement.

Another civic engagement survey results from a national one:

-1/3 threatening among older adults to report worse mental and physical health.
-3/4 in those organizations that implement the “serving the community” idea, which health benefits are reported.
-3/4 in those for behavioral improvements. 

Kathy

Age Friendly Sarasota