

SUNCOAST	0-5 EXPRESS
The Campaign for GRADE-LEVEL READING	Learn  SMARTER FASTER

Suncoast Campaign for Grade-Level Reading (SCGLR):
0-5 Express

February 2019



-- Learning Through the Senses --



[Invest 4 minutes to be affirmed and inspired!](#)

MIND in the Making

FREE WORKSHOPS

Mind in the Making (MITM)
Currently Registering:

Team Cosy -- SRQ
Tuesdays
4:00pm - 8:00pm

Team Dandy -- SRQ
Mondays
6:30pm - 8:30pm

Team Wishful -- SRQ
Tuesdays & Thursdays
9:00am - 1:00pm

Play is how kids explore, discover, and learn about the world around them. Parents, grandparents, and siblings can help babies and toddlers begin to observe their surroundings through all of their senses by asking the right questions during playtime.

Team X-Plore

Bradenton

Saturday, April 27

Saturday, May 4

8:30am - 4:30pm

-- Memoir on Parenting -- (also a 'love letter to single moms')



Joy Thomas Moore, the author of [The Power of Presence](#), wants readers to engage with their children.

Joy says she isn't a parenting guru, it was more trial-and-error than anything.

When talking about her book she explains, "I didn't want to present myself as an expert because I wasn't, I was an experimenter along the way."

Despite her humility, the insights contained in Moore's 2018 memoir, *The Power of Presence*, have inspired more than 800 locals to [join book circles and study how to "be a voice in your child's ear even when you're not with them."](#)

Moore's book, which she described as "part memoir, part self-help, part inspirational ... a love letter to single moms" is an encouragement to all mothers to be "lionesses" and have each other's backs.

Sounds pretty great, right?

Here's more cool news. Thanks to the generosity of [The Patterson Foundation](#), each participant will receive a FREE copy of the book!

If you are interested in being part of this movement, time is running out, but it's not too late. [Click here to learn more.](#)



Punta Gorda Downtown

Farmers Market

Saturday, February 9

8:00am-1:00pm

Get Your Fit On

Saturday, February 16

9:00am-12:00pm

Kindergarten Round-up!

at Wilkinson Elementary

Tuesday, February 26

5:30-7:00pm

Kindergarten Round-up!

at Alta Vista Elementary

Thursday, March 7

6:00pm-7:30pm

Kindergarten Round-up!

at Gocio Elementary

Tuesday, March 12

5:30pm-7:30pm

FREE Parenting Program

Groups at Forty Carrots

Family Center:

SCGLR at All Faiths

Food Bank Distribution

VOLUNTEER OPPORTUNITIES

Embracing Dr. Seuss

**DEADLINE TO
VOLUNTEER**

Monday, February 11

SCGLR's Attendance

Awareness Poster
Contest Orioles
Baseball Game!
Saturday, February 23
10:00am-1:00pm



Making a Lasting Impression

Each parent and grandparent wants what's best for their little ones. This quick video shares simple tips -- "Brain Food" -- that families can use to help their babies learn.

(total time: 1.5 minutes)

CONTINUE SCROLLING

REGISTER NOW!

Join us on a learning adventure in February.
MITM workshops are geared toward parents, individuals with young ones in their lives, and child-care professionals.

[Click the links below to sign up]

Team Cosy -- SRQ
Tuesdays
4:00pm-8:00pm

Team Wishful -- SRQ
Tuesdays & Thursdays
9:00am-1:00pm

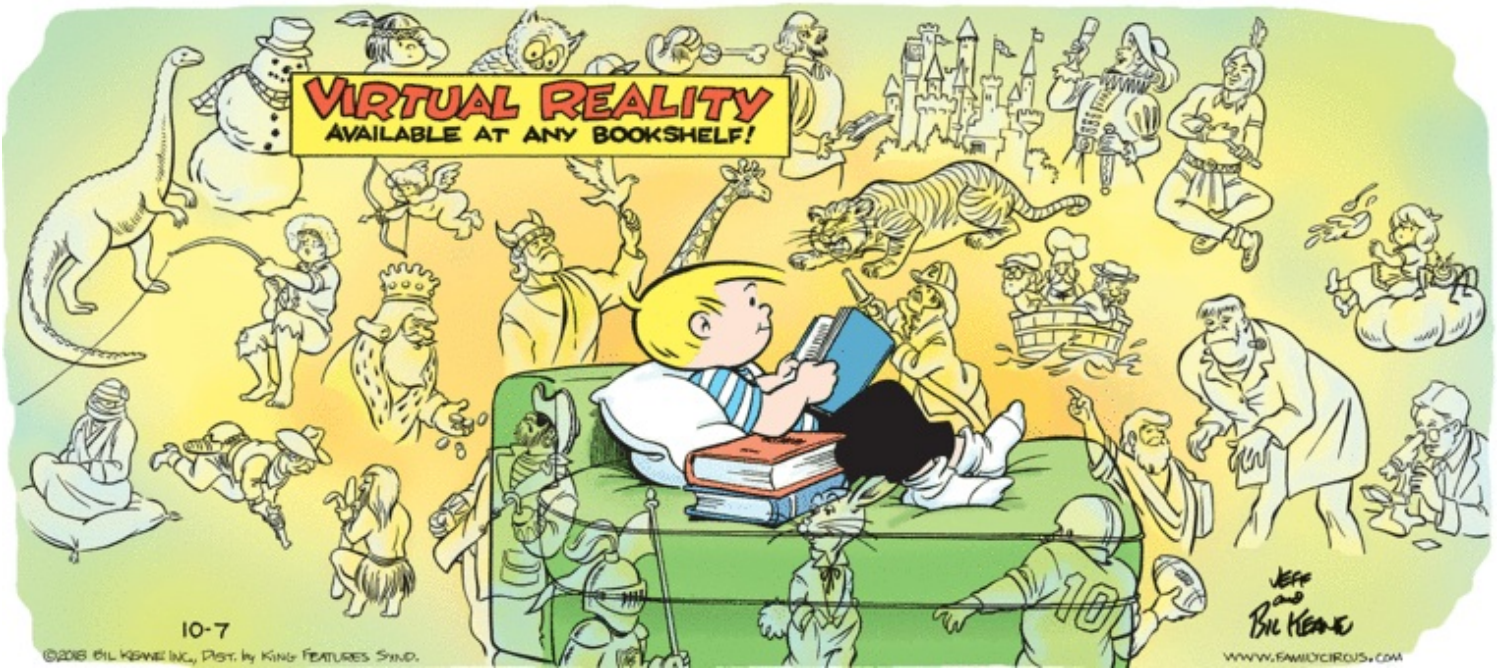
Team Dandy -- SRQ
Mondays
6:30pm - 8:30pm

Why Mind in the Making is the Bee's Knees!

1. A learning adventure designed to help you and your kids thrive
2. Workshops available in English and [Spanish](#)
3. [Convenient dates, times, and locations|new classes](#)
4. An excellent way to show the ♥ to the little ones in your life
5. Parents, grandparents, child-care professionals, early-learning educators, and caregivers are welcome
6. FREE workshops|FREE childcare
7. Meals Provided

The 7 Essential Life Skills:
#7 Self-Directed Engaged Learning

CONTINUE SCROLLING



Self-Directed, Engaged Learning requires us to be mindful instead of going on automatic. We do this by reflecting on an experience or situation. Self-direction motivates us to set goals and work toward them while being flexible as we learn and think in new ways.

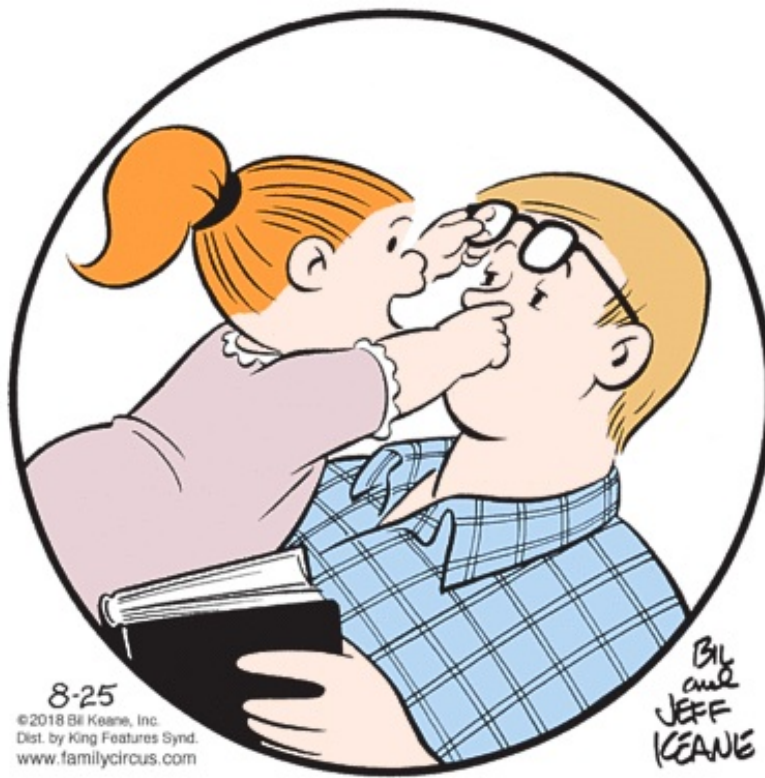
"When we give children [and adults] the freedom to make mistakes, we teach our kids [ourselves] that failure is not a way of labeling who you are -- it's just a way of identifying what you don't know and what you need to put more effort into. When kids understand that, they're not hesitant about trying something, because if they fail, it's not a reflection on them. That just tells them: 'This is an area we need to work on.' -- Daryl Rock

ACTIONS FOR SELF-DIRECTED, ENGAGED LEARNING

These suggestions are great for adults... after all, the little ones are taking cues from our behaviors.

- **Set SMART Goals.** SMART is an acronym that stands for Specific, Measurable, Action-oriented, Realistic, and Time-defined. Any goals you set should meet these criteria.
- **Visit the Library.** Financial limits can interfere with our ability to accrue new supplies. Enter the library... A good research library has books on most any subject, has access to a host of online resources.
- **Create Motivation.**
- **Take Ownership of Your Learning.** Take the initiative, with or without the help of others, in diagnosing your learning needs, formulating learning goals, identifying human and material resources for learning, choosing and implementing appropriate learning strategies, and evaluating learning outcomes.

[Source: BIG THINK](#)



“How long did it take for your eyes to get so smart, Daddy? They can read **EVERYTHING!**”

7 PRINCIPLES OF SELF-DIRECTED, ENGAGED LEARNING

1. **Establish a trustworthy relationship:** Use body language, facial expressions, and a gentle voice to let your child know you are paying attention to them. Show them that you care and will keep them safe.
2. **Help children set and work toward their own goals:** Watch what your child is learning. Use what you observe and hear to build on and extend their learning, finding ways to connect their interests, questions or observations to new knowledge and interests.
3. **Involve children socially, emotionally, and cognitively.**
4. **Elaborate and extend children's learning:** Offer choices that fit your child's age, developmental levels, abilities, interests, and cultural backgrounds.
5. **Help children practice, synthesize, generalize, and share what they've learned:**
"People need to build knowledge over and over and over and over in order to get more stable knowledge." - Kurt Fischer
6. **Help children become increasingly accountable:** "In a world that often feels praise-crazy/est-crazy, it's important to return to the fundamental purpose of these strategies and use them in constructive ways, including making expectations for success clear and praising in ways that help children continue to strive to do their personal best." - Ellen Galinsky
7. Foster analysis, reflection and critical thinking: Adults can bolster Critical Thinking by encouraging children to be curious about how the world works and urging them to conduct experiments. Be sure not jump in too quickly and answer their questions as they discover reliable answers.

We hope you will join us in this series of FREE workshops. Each Mind in the Making workshop provides participants the opportunity to reflect on their own experiences and practices, discover how children (and adults) learn best, and discuss how to apply the knowledge while learning about all 7 Essential Life Skills. Click on the links below to access past newsletters with information about other essential life skills:

- [Focus and Self Control](#)
- [Perspective Taking](#)
- [Communicating](#)
- [Making Connections](#)
- [Critical Thinking](#)
- [Taking On Challenges](#)
- Self-Directed Engaged Learning

[Mind in the Making](#) is made possible for the Suncoast Campaign for Grade-Level Reading with generous support from [The Patterson Foundation](#).

If you would like to have a series of workshops at your place of employment, church, or community organization, or are [interested in participating in the workshops](#), please contact SCGLR at info@gradelevelreadingsuncoast.net.

We welcome your thoughts. Contact us at info@GradeLevelReadingSuncoast.net.